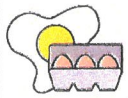
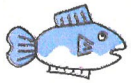
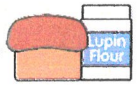
Breakfast and After School Club Dishes and their allergen content

Dishes															
	Celery	**Cereals containing gluten***	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts†**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide**	**Sodium Metabisulphite**
Rice Krispies		Yes - Barley													
Corn Flakes		Yes - Barley													
Wheat Biscuits		Yes – Barley and Wheat													
Apple Juice															
Orange Juice															
Milk							Yes								
White Bread		Wheat May contain Barley, Oats, Rye											Yes		
Croissants		Wheat, Rye May contain Barley, Oats, Spelt, Kamut		Yes			Yes					May	May		
Soft Margarine															
Sugar															

Fresh Fruit														
White Rolls		Yes – Wheat May contain Barley, Oats, Rye		May			May						yes	
Tiger Bread		Yes – Wheat and Barley May contain Oats, Rye, Kamut		May		May	May		May				May	
Tortilla Wraps		Yes – Wheat May contain Barley, Oats, Rye, Spelt												
Cheese							Yes							
Dairylea Spread							Yes							
Ham														
Tuna Mayonnaise				Yes	Yes				Yes					
Chicken				May										
Salad														
Lemon juice														Yes
Apple and Blackcurrant squash														Yes

Orange and mango squash														Yes
Raisins														

Review date: 24/7/26

You can find this template, including more information at www.food.gov.uk/allergy-guidance

MULTIGRAIN HOOPS	WHEAT OAT BARLEY						MAY							